



Transcend Australia: Who are we and what do we do?

Transcend Australia was founded in 2012 by Rebekah Robertson OAM when she was desperately searching for information that would help her to support her transgender child Georgie Stone. Since then, Transcend Australia has been operating as a volunteer-based peer support and advocacy group for parents with trans, gender diverse and non-binary (TGDNB) children. This support network was named Transcend to positively affirm that families and the children they love and support could overcome the difficulties they may face in raising a TGDNB child and not simply survive, but transcend them and thrive.

Since its beginnings Transcend Australia has connected hundreds of families to medical, legal and educational support services and parent/carer communities around Australia. In this time, there has been an increased awareness and improved understanding of the needs of trans, gender diverse and non-binary people. Service systems are improving and there is a greater acceptance and celebration of TGDNB people. But there is still a long way to go and Transcend is determined that TGDNB children, their families and carers are embraced, celebrated and given every opportunity to thrive and flourish.

In 2020 Transcend Australia Ltd became a Company Limited by Guarantee and an ACNC registered charity with DGR status.

Transcend Australia also plays an important role in advocating for the human rights of TGDNB children, adolescents and young people. Everything we do, centres the needs of our children, amplifying their voices, and empowering them, whether that be through the resources we create, the events we hold or the campaigns we run.

Transcend Australia has online (private Facebook groups) and face to face parent/carer peer support groups nationally and throughout regional Victoria (groups listed at the end of this document). Please contact Transcend via the website to connect with a group in your area. www.transcendaus.org or contact families@transcendaus.org

"What I needed most was for my parents to be there, to know what was happening, to protect me and look after me. So, we need for parents to be supported."

Georgie Stone OAM



"My family was empowered by the guidance of the Transcend community. I was empowered to use my voice."

Oliver



What are the benefits of joining a peer support group?

Joining a peer support group can feel like a big step especially when you are at the beginning of a journey that you may be finding confronting and overwhelming.

Our peer support groups are well moderated with clear rules and expected standards of behavior which all participants are asked to abide by to ensure everyone feels safe, respected and welcome. By joining a peer support group, you become part of a community of families and carers navigating a similar experience. This community can provide support, information, comfort and great tips for better supporting your trans, gender diverse or non-binary child.

The benefits of joining a group can include:

- Feeling like someone 'gets it'
- Sharing feelings and experiences
- Increasing your knowledge about gender diversity
- Reducing the feeling of isolation by becoming part of a community
- Gaining confidence in your understanding and support for your child
- Becoming empowered to advocate for your child
- Access to services and resources
- We also try to have fun as a community, sharing annual events like Christmas and the various Pride events and important days around the country.

Families who are part of the Transcend Australia peer support network report feeling less isolated, more positive about the future, better informed and better able to cope with stresses that occur from time to time. Our children reap the benefits of happier, better informed parents and carers.

"Transcend has put 'success' into the experience of being trans."

Isabelle



PEER SUPPORT GROUPS

National:

Victoria

Tasmania

Northern Territory

Australian Capital Territory

South Australia

Queensland

Western Australia

New South Wales

Regional Victoria:

Geelong/Surf Coast (Barwon)

Bendigo (Northern Country)

Ballarat (Central Highlands)

West and South Gippsland

East Gippsland

Frankston/Mornington Peninsula

Mildura (North West Victoria)

Wodonga (North East Victoria)

Warrnambool (South West Victoria)

Wimmera/Mallee

We hope to welcome you to our community soon.

Contact our friendly parent volunteers [HERE](#) or email: families@transcendaus.org

You can find out more about what Transcend Australia does by heading to our website www.transcendaus.org

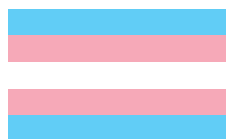
You can read our [Strategic Plan](#)

You can access our resources for your [State or Territory here](#)

[Subscribe](#) to our Newsletter



Working towards a world where trans, gender diverse and non binary children are embraced and given every opportunity to thrive and flourish



[Donate Now](#)

Transcend Australia Ltd acknowledges the Traditional Owners and ongoing custodians of the land - the Aboriginal and Torres Strait Islander people. We honour and pay our respects to their elders past, present and emerging. We recognise that sovereignty was never voluntarily ceded. Always was, always will be Aboriginal land.

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